Newsletter







I'm delighted to introduce myself as the new Headteacher at Oak Tree School. It's been a real pleasure to begin getting to know the school community, and I already feel very lucky to be part of such a special place.

I've really enjoyed my first week – especially spending time with our amazing students and staff. Whether it's chatting over lunch, joining in a game of football, or simply walking around the school, I've been made to feel very welcome and have already seen what a kind, caring and supportive community this is.

I'm truly excited about the journey ahead and am committed to working closely with you to ensure every child feels safe, happy, and able to achieve their very best. Relationships are at the heart of everything we do, and I believe that by working together we can make sure every child at Oak Tree School thrives.

Over the coming weeks and months,. I'll be sharing more about our plans to support every student to grow in confidence, independence and aspiration.

Thank you for your warm welcome so far – I'm really looking forward to meeting more of you soon.

Many thanks

Matt

Matt Hughes Headteacher – Oak Tree School

Key Dates for your Diary

Spring Term

Monday 6th January 2025 -Friday 4th April 2025

Let's Talk Workshop - Puberty

Monday 17th March 2025

Options and Careers Workshop

Tuesday 1st April 2025

Last Day of Term

Friday 4th April 2025

Easter Holidays

Monday 7th April 2025 -Friday 18th April 2025

Easter Monday -School Closed

Monday 21st April 2025

Return to school

Tuesday 22nd April 2025

All key dates will be uploaded on our website. To view our news and events please <u>click here.</u>



OAK TREE NEWS



WORLD BOOK DAY!



Students of Gunwalloe have had a fabulous time at College again this week. The catering lessons at College have been really worthwhile and fun. The students have cooked some amazing dishes. This week was gammon and chips. All of our students participated in catering lessons this week.

Students have also enjoyed boxercise sessions in and around lessons. It is great to see our students being active and enjoying P.E.







OAK TREE NEWS

CAREERS

A BIG PART OF OUR SCHOOL CAREERS PROGRAMME IS TO DEVELOP SKILLS FOR INDEPENDENCE. IN PARTNERSHIP WITH GWR, KEY STAGE 4 STUDENTS HAD THE OPPORTUNITY TO BE PART OF THE "TRY A TRAIN" PROGRAMME AIMED AT PROVIDING THEM WITH THE EXPERIENCE AND KNOWLEDGE OF HOW TO ACCESS AND TRAVEL BY RAIL. WE BEGAN OUR TRAVEL TRAINING BY CATCHING A BUS FROM LANGARTH PARK & RIDE TO TRURO TRAIN STATION WHERE WE MET WITH STAFF FROM GWR WHO SHOWED STUDENTS THE DIFFERENT WAYS TO OBTAIN TRAIN TICKETS, HOW TO ACCESS AND USE THE DIFFERENT FACILITIES AT A TRAIN STATION AND EXPLAINED HOW THEY COULD GET BY TRAIN. WE ADDITIONAL SUPPORT WHEN TRAVELLING THEN TRAVELLED ON A TRAIN AND SPENT SOME TIME IN HAYLE BEFORE RETURNING TO SCHOOL VIA BUS. MANY OF THE STUDENTS HAD NEVER BEEN ON A TRAIN BEFORE OR THOSE THAT HAD DID NOT HAVE EXPERIENCE OF PURCHASING TICKETS AND PLANNING A JOURNEY, SO IT WAS AN EVENT EVERYONE WOULD HAVE TAKEN A LOT FROM AND THE SKILLS AND KNOWLEDGE THEY HAVE GAINED WILL HELP THEM IN THE FUTURE WHEN ACCESSING TRANSPORT INDEPENDENTLY.



How to support children with SEND with talking to people online

Young people use the internet to contact friends they might know from school or other activities. Sometimes children with special educational needs and disabilities may struggle with making friends when other children are not being inclusive or kind.

Support children with SEND talking to people online | NSPCC

What to do when you see online abuse or inappropriate content

It may be that you, or your child, come across something upsetting or concerning online. It is important that you feel confident about what to do if you do see something inappropriate online, or if your child tells you they've seen something.

If you're worried about something a child or young person may have experienced online, you can contact the <u>NSPCC Helpline</u>

for free support and advice. If your child needs more support, they can contact <u>.Childline</u>

Child Exploitation and Online Protection



Are you worried about online sexual abuse or the way someone has been communicating with you online?

Make a report to one of CEOP's Child Protection Advisors

Should I make a report to CEOP? →

If you're worried about online abuse or the way someone has been communicating online, let CEOP know.



What happens when I make a report? →

One of our experienced Child Protection Advisors will be there to make sure you get the help that you need.



How can CEOP help me? →

Online abuse affects many children and young people every day, CEOP has helped thousands of people in need of support.



If you have experienced online sexual abuse or you're worried this is happening to someone you know, let us know safely and securely

Are you worried about online sexual abuse or the way someone

has been communicating with you online? Make a Report:

INTERNATIONAL MATHS DAY

FRIDAY 14TH MARCH 2025

The International Day of Mathematics (IDM) is a worldwide celebration. Each year on March 14th.

Maths day celebrates all things maths, the spark, creativity and bringing mathematics to life with all sorts of other fields, concepts and ideas.

Creativity unites mathematics and art, fields that may seem separate, but were originally intertwined, both seeking to reveal the beauty of the universe.

Do you like maths? Is maths important?

Remember - write your answers on your Big Q display in your school hall. Each response is worth a lucky ticket!

AO Religious Knowledge: Re.5.2 Student describes some religious objects/ places/people and practices



Leonardo Da Vinci's Golden Ratio



Parents and Carers

Everything you need to know about booking onto the Holiday Programme



Time2Move Holiday Programme

WE ARE LIVE! The wait is over – our Easter activities are officially available for booking!

We are very egg-cited for this Easter, we've got something for everyone to enjoy! Head to our website now to reserve your space for a variety of Easter events. Activities will continue to be added, so keep your eyes peeled!

https://www.activecornwall.org/parents-and-carers/

Active Cornwall

What Parents & Carers Need to Know about

Discord is a free app which allows users to communicate in real time via text, video or voice chat. Available on desktop and mobile devices, it was originally designed to help gamers cooperate – but has evolved into a more general networking platform for a range of online communities, discussing topics like TV series, music, Web3 and more. Discord is organised around closed groups, referred to as 'servers'. To join a server, users must be invited or provided with a unique link. It's a space for users to interact with friends, meet others with shared interests and collaborate privately online – but it's also a place where young people can be exposed to risks if the right precautions aren't taken.



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WHAT ARE THE RISKS?

CYBERBULLYING

99 DIFFICULT TO MODERATE

INAPPROPRIATE CONTENT

users' ages when they

ACCESSIBLE TO PREDATORS

CRIMINAL

Advice for Parents & Carers

REVIEW SAFETY SETTINGS

Discord has a series of safety settings, enabling users to choose who can direct message them or send them friend requests. Your child's experience on Discord will be much safer if the app's privacy and safety settings are configured to only allow messages or friend requests from server members. This will minimise the chances of potential predators from outside the group contacting them.

MONITOR ONLINE ACTIVITY

It's wise to regularly review your child's activity on Discord. This can include checking their safety settings to ensure they're correctly enabled, talking about which servers they've joined and reviewing some of their friends and direct messages. Ask if anything has made them feel uncomfortable or unsafe. Things can change quickly online, so plan routine check-ins and follow up frequently.

Meet Our Expert

oral Cripps is a Canadian-born, London-based tech burnalist at gmw3.com: a website specialising in all things Veb3, garning and XR (extended reality). With a focus on and culture, she researches and writes about the hat our current innovations — including the metav and Web3 — are Impacting people, places and things

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EXPLAIN AGE FILTERING

While Discord requires users to be at least 13 to sign up, many servers geared towards older users are flagged as NSFW (not safe for work), which indicates they probably contain material that's inappropriate for children. It can be easy to click through settings without properly reviewing them, so ensure your child understands why age filtering is important and that it's there to protect them.

DISCUSS GOOD ONLINE BEHAVIOUR

The anonymity offered by the internet often leads people to communicate more openly online and behave differently than they would at school or home. It's crucial to bear in mind, though, that every internet user is still a real person. Talk to your child about the severe and lasting consequences that cyberbullying or exchanging inappropriate material online can have in the real world.



SCREEN OUT EXPLICIT CONTENT

In the privacy and safety settings, Discord users are offered the ability to filter direct messages for inappropriate content: a setting that should be enabled if your child uses the platform. Discord automatically tries to flag *images* that are explicit, but the setting must be manually enabled for text. If a young user is sent explicit content in a direct message, Discord will scan and (if necessary) delete it.

HAVE CANDID CONVERSATIONS

It can sometimes be awkward to discuss topics like grooming, pornography, racism or explicit content with your child – but it's important to ensure they're aware of the harms these things can pose. Taiking openly about these subjects is a great way to help your child feel more comfortable about coming to you if they experience an unwanted encounter on Discord (or anywhere else online).



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During the Easter holidays MHST, in collaboration with Natural England, Cornwall Wildlife Trust and ..., would like you to join us on a FREE Wild Wellbeing session at various locations across Cornwall.

This is for parents and their primary aged children (5-11) in Cornwall to help understand and support emotional and mental wellbeing. Please book EACH child on to a session below:

Morning and afternoon sessions available: Tuesday 8 April 2025 at Golitha Falls Thursday 10 April at Tehidy Woods Tuesday 15 April at The Dipping Pond, Gossmoor Tuesday 15 April at Widemouth Bay, Bude

Each session will last approx. 2 hours

To request a place, complete the online form or scan the QR code provided: <u>https://forms.office.com/e/1c</u> <u>VmDjXF5E</u>





Please note: Places are limited and will be allocated on a first come, first serve basis. If you are allocated a place and cannot attend, please let us know so we can allocate your space to someone else



Follow us on Facebook for updates and upcoming events: Cornwall Mental Health Support Team (MHST) **Lets Talk**

ABOUT PUBERTY



WORKSHOP

WHATS INVOLVED?

- Learn about the physical & emotional changes caused by puberty
- Talk about body boundaries and what constitutes healthy relationships



Monday 17th March 2025 10:00am - 11:00am

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10:00am - 11:00an Oak Tree School, TR4 9NH Meet with Hanna Toms Relationship & Sex Education Therapist (RSE)

IF YOU WOULD LIKE TO ATTEND, PLEASE CONTACT:

01872 264221

kiah.williams@oaktreeschoolcornwall.co.uk michele.haigh@oaktreeschoolcornwall.co.uk

MENTAL HEALTH AWARENESS WORKSHOP



🛗 Tuesday 29th April 2025

- 10.00am 1.00pm
 - Oak Tree School, TR4 9NH
- Buffet Lunch included



What's Involved:

COUNCIL

- A free introduction into increasing knowledge & awareness of mental health and wellbeing delivered by Healthy Cornwall
- Learn the different signs and symptoms to watch out for surrounding mental health
 - Learn some Stress Reduction techniques

Healthy

Cornwall

To book a space or for more info:

01872 264211

kiah.williams@ oaktreeschoolcornwall.co.uk

michele.haigh@ oaktreeschoolcornwall.co.uk





WITH CHRIS PENFOLD - POST 16'S & CAREERS LEAD

To include an overview of the careers program, including:

- Why we do it
- What we do
- How you can support your child with future choices
- Post-16 Options
- Q&A Opportunity

TUESDAY, IST APRL

11.00AM - 1.00PM OAK TREE SCHOOL, TR4 9NH

kiah.williams@oaktreeschoolcornwall.co.uk michele.haigh@oaktreeschoolcornwall.co.uk

01872 264221











For times and prices visit our website, facebook, instagram or give us a call (01209 613153)

January

18th Wassail & Back to the Land Day An early evening celebration with music, dancing and refreshments. Help us dress our trees with tasty treats for the birds. Bring your Christmas tree

for recycling.

September

4th, 11th and 18th

Summer Pruning

espalier orchard

Vegetable Show

magnificent giant

own spectacular

specimens.

vegetables. Enter our

competition with your

Come and marvel at our

20th Giant

Join our horticultural team

to carry out work on our



February

19th Feathered Friends Its nest box week so come along and make a nest box for your garden birds. Take part in a birdy trail around our site.

Winter Pruning Days Join our horticulture team every Thursday for pruning & gathering scion wood for grafting

June

7th Camborne Green Fest Visit us at our plant & produce stall. Have a go at our fun & suitably 'green' activities.

2nd Blue Light Day https://www.facebook.com/bluelightday. /?locale=en_GB 5th -7th Butterfly and Moth Camp A glimpse into the lives of our lepidotera with a local expert. 14th Stithians Show https://www.stithians.show

March

Mothers Day

Join us for pop-up

on-site. Check our

us.

activities in our shop &

socials for details or call

Grafting Workshops

Join our horticulture team

every Thursday and learn

the art and science of

July

apple tree grafting.

19th Camborne Show

October

Our annual celebration of all things Kehelland!

29th Bat Evening Join us and a local bat expert to look at our night time fliers.

29th Allantide Celebrate this Cornish autumn festival. Take part in our Pumpkin trail and other fun activities.

November

Christmas Trees and Festive Trail

Its time to choose your Christmas Tree and help plant out new Christmas tree plantation. Have a go at our Christmas Trail.

Wreath Making

An opportunity to get in the festive sprit and create a personalised wreath. Dates TBC

April

9th and 16th Easter Events

Join us for pop-up activities in our shop & a trail on-site. Check our socials for details or call us.

26th Trevithick Day https://www.trevithickday.org.uk/ Visit us at our plant stall on Commercial street very near our shop!

August

16th, 17th and 18th West of England Steam Fair https://www.weses.co.uk Visit us on our plant &

produce stall and have a go at our fun activities.

December

Christmas Trees and Festive Trail

Its time to choose your Christmas Tree and help plant out new Christmas tree plantation. Have a go at our Christmas Trail.

Wreath Making

An opportunity to get in the festive sprit and create a personalised wreath. Dates TBC